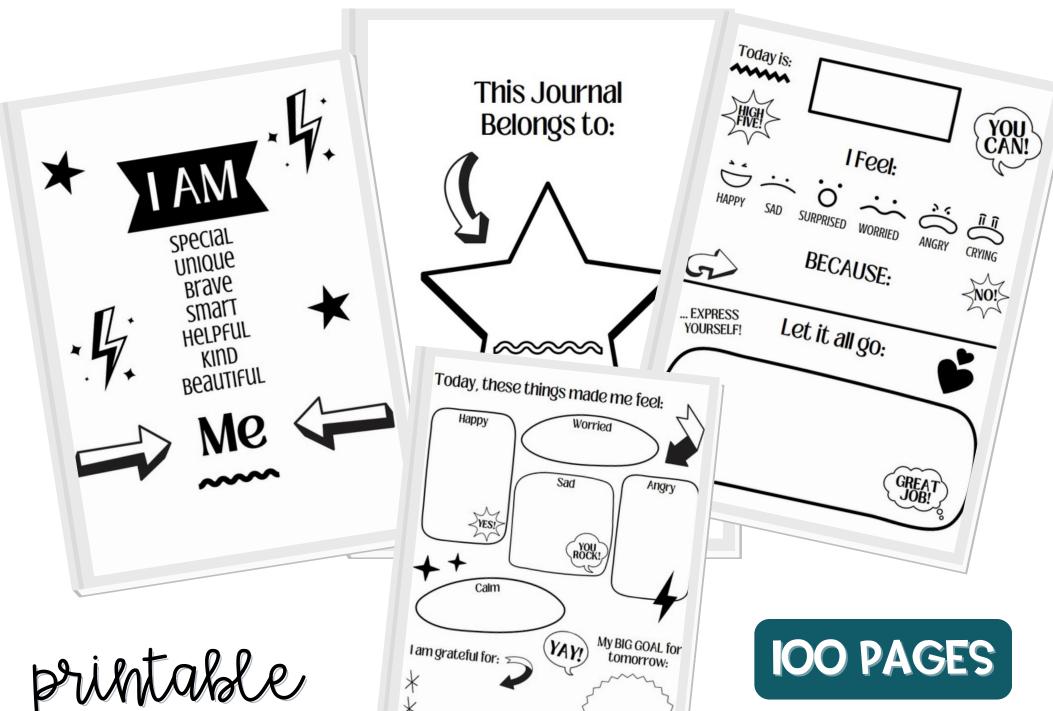
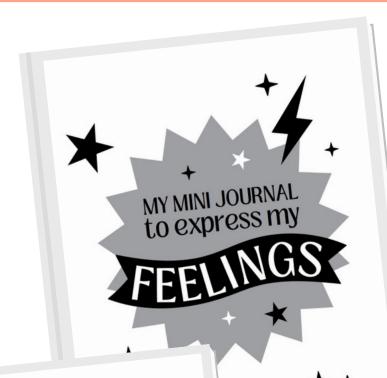
## Journal FEELINGS & EMOTIONS



## JOURNAL



INCLUDES:

- WELCOME/FRONT PAGE.
- THIS BOOK BELONGS TO.
  - I AM POSITIVE AFFIRMATION.

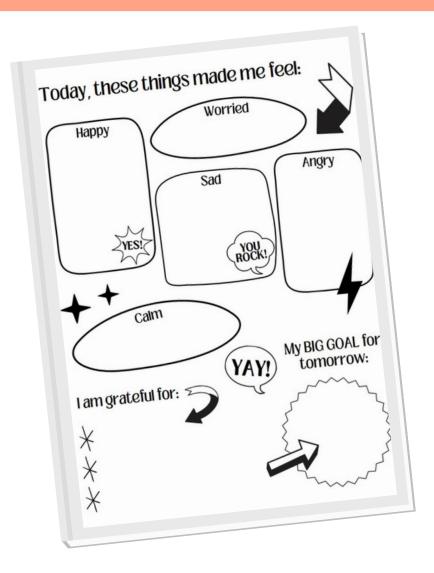




SOCIAL EMOTIONAL LEARNING

## JOURNAL





## INCLUDES:

- DAILY JOURNAL PAGES DESIGNED OVER A DOUBLE PAGE
   2 PAGES PER DAY INCLUDING I FEEL/BECAUSE, A
  SPACE TO LET THOUGHTS GO, THINGS THAT MADE ME
  HAPPY/SAD/ANGRY/WORRIED/CALM, BIG GOAL FOR
  TOMORROW, DAILY GRATITUDE
  - FUN STICKERS AND INSPIRATIONAL QUOTES THROUGHOUT THE JOURNAL PAGES.